

TXF will provide free coaching programs for five schools in the Summer Term. For more info or to sign your school up:

james@tennisxformula.co.uk

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TXF MINI RED Approx 4-7 Years. Smaller rackets and larger balls. Focus on fundamental co-ordination and movement skills, team related games.

TXF MINI ORANGE Approx 7-9 Years. Softer lighter balls. Slightly reduced court. Tactics and matchplay. Emphasis on fun, team and individual competition

TXF MINI GREEN Training route - Approx 9+ Yrs, technically able / advanced. Learning how to train and prepare for competition. Full court, lighter ball.

TXF MINI GREEN Technical route - Approx 9+ Yrs, Emphasis on technical development and honing. Full court, lighter ball.

Barry Fulcher - 07719 856010 barry@tennisxformula.co.uk

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Easter and Summer Camps are a great way to start tennis or just have lots of fun during school holidays - coaching, fun team games, prizes, barbeques, children of all ages and standards welcome!

TXF Matchplay Events

TXF organise LTA Grade 6 Matchplay Events throughout the year providing additional matches for Academy and external players to boost their Ratings. Particularly aimed at players rated 10.2-8.1.

James Smith - 07921 721041
james@tennisxformula.co.uk

TENNIS X FORMULA ACADEMY

The TXF Academy is for Players at or approaching County Standard. Comprehensive training programs are developed for players up to three sessions per week. The program has input from specialists including Physical trainers, Nutritionists and NLP Practitioners. Squads are taken by Program Directors James Smith and Barry Fulcher and work on a 1:4 coach to player ratio.

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TXF Tournament Tours

TXF organise tournament trips abroad for Academy players giving them the opportunity to gain valuable experience in competition, self-responsibility and personal development. In 2007, trips are planned for Europe and Africa.

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TXF Full Time Players

For those players wishing to pursue their tennis and compete at Professional Junior and Senior level, TXF offers daytime sessions x 2 program planning and guidance from ex-professionals

European League Tennis/ UK/USA University Scholarships

TXF has strong links with both UK and US University and can help to set up scholarships for players looking to take this route. European League tennis can also be organised for players looking to compete and fund tournaments

Coaching Assistants / Coach Education

TXF Also aids in the development of tennis assistants who want to pursue a career in coaching and stay part of the Tennis X Formula Program. Academy players can also assist in Mini Tennis sessions to fund their training.

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Adult Improvers / Group Coaching

TXF provides group coaching for adult improvers as well as team club players. Sessions include technical work, doubles Tactics, Matchplay. You can choose one particular session or you can opt for a full term and really develop your all round game. Sessions are taken by James Smith, Barry Fulcher and Dave Gorman.

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Tel: **07719 856010 / 07921 721041**
barry@tennisxformula.co.uk or
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Brighton
Sussex BN1 5NB

Individual Coaching

James Smith
Barry Fulcher

Dave Gorman
Jonno Ward
Barry Denman

Head Pro's. Licensed to coach all players from beginners to Pro Adult/Junior. £35ph.
CCA Licensed. £30ph.
PTR Licensed. £28ph.
DCA Licensed. £25ph.

For all individual coaching enquiries, please call the coaches directly to organise a convenient time and the right coach for your needs.

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